

Nancy A. Vierra, MFT  
Licensed Psychotherapist  
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### RELEASE OF INFORMATION

I, (Name of Client)\_\_\_\_\_ hereby authorize Nancy Vierra, MFT to exchange confidential and protected health information regarding my treatment with (designate recipient or organizations to whom information is to be exchanged)\_\_\_\_\_ .

This authorization allows Nancy Vierra, MFT to exchange the following information:  
(check those that apply)

- Entire File
- Diagnosis
- Prognosis
- Treatment Plan
- Symptoms
- Summary of Treatment
- Dates of Treatment
- Progress to Date
- Information as deemed appropriate by my therapist.
- Other:\_\_\_\_\_

I authorize the exchange of the information above for the following purpose:

- Treatment Planning
- Other:\_\_\_\_\_

The recipient or entities may use the information described above only for the following purpose(s):

- Treatment
- Other:\_\_\_\_\_

This authorization shall remain in effect until:

- End of Treatment
- Other:\_\_\_\_\_ (expiration date)

I understand that I have the right to receive a copy of this authorization. I also understand that I have the right to revoke or modify this authorization, in writing, at any time. I understand that the health information used or disclosed pursuant to this authorization may be subject to re-disclosure by the recipient and that the

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HIPAA Privacy Rule may no longer protect such information, although the re-disclosure of such information may be protected by applicable California law.

Client Name: \_\_\_\_\_  
(please print)

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**If you are a minor:**

Name of Parent or Legal Guardian or Custodial Parent:

\_\_\_\_\_  
(please print)

Signature of Parent/Legal Guardian/Custodial Parent: \_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_